PITCHING INSTRUCTION - BEGINNER PATHWAY
(Fundamentals/Learn to Train Stages)

PRE-TASKS

1. Pre-task Workbook
2. Quiz

PITCHING INSTRUCTION - BEGINNER CLINIC

1. Beginner Pitching Skills
   - **a** Gold Standard Windmill Pitch **b** Mechanics
2. Emergency Action Plan
3. Canpitch
   - **a** Drill Progression **b** Change-up
4. Skill Analysis
   - **a** Biomechanics **b** Error Detection and Correction
5. Tactical Errors
6. Game Strategy

TOTAL: 15 HRS

+

MULTI-SPORT MODULES

1. Teaching & Learning
2. Make Ethical Decisions

TRAINED

+

PITCHING INSTRUCTION Online Evaluation

1. Make Ethical Decisions

+ **INSTRUCTOR PORTFOLIO (Various Tasks)**

+ **ON-FIELD EVALUATION (In-person or video submission)**

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CERTIFIED

SOFTBALL CANADA

National Coaching Certification Program

To maintain certification, coaches are required to complete ten (10) professional development credits over a 5 year period. Professional Development can include such things as NCCP clinics, NCCP multi-sport workshops, or approved softball clinics/seminars/symposiums.